

MONTHLY BOARD MEETING MINUTES

October 26, 2015

Mental Health Board

Members in Attendance

Bond, Yvonne
Cowen, Jeff
Dickinson, Will
O'Meara, Janet
Thickens, Theresa

Absent Members

Cleveland, Cheryl
Holmes, Jim
Stanners, Sharon

Staff and Guests

Abrahamson, Twylla
Bartely, David
Bauman, Maureen
Bigbee, Cyndy
Cople, Katrina
Coram, Daniel
Jones, Janna
Lane, Michael
Low, Miranda
Osborne, Marie

Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Read by Yvonne Bond

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
 - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
 - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
 - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
 - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
 - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

❖ Guest Speaker: Cyndy Bigbee, Program Manager, Adult System of Care – Presenting on Conservatorship Process

- Cyndy Bigbee introduced herself and provided an overview of the programs she oversees and highlighted the Public Guardian and Public Conservatorship programs.
- Current conservatorship cases include: 40 probate and 65 LPS (Lanterman-Petris Short) conservatees.
- Ms. Bigbee clarified the difference between the two types of conservatorships in the state of California: 1) Probate and 2) LPS and provided a brief explanation of the processes.
- LPS – for adults with serious mental illness who are deemed gravely disabled as a result of that mental illness. Gravely disabled - because of the mental disorder, the person cannot take care of their basic needs for food, shelter and clothing.
- To be conserved, the individual has to have no other resources, no third-party assistance able or willing to provide them the care that they are able to accept.
- Conservatorship is the last resort and is a legal process completed through the court system.

- Conservatorship must be started by a local government agency – every county has a conservator or guardianship office that receives referrals and performs an evaluation to determine if the case meets requirements for a hearing petition; the referrals come from a hospital or mental health professional.
- Conservator's role, duties and responsibilities – represent the client's healthiest self, speak for the individual, attend care meetings, manage finances, medical care, etc.
- Placer County uses Turning Point to assist individuals with a history of conservatorship to reintegrate into a self-sufficient status.
- Board members asked many questions regarding coordination of roles and responsibilities of conservators and treatment providers.

Secretary/Treasurer's Report

- **Approval of the September 28, 2015 Regular Board Meeting Minutes** – Minutes approved as distributed.
- **Approval of Treasurer's Report - \$1,500 - Amount budgeted for Fiscal Year 15-16.**
Expenditures for the month of September include: \$50.97 for food purchased, leaving a balance of \$1,332.61. Balance is accepted as presented.

Standing Committee Reports

- ❖ Executive Committee
 - No action taken.
- ❖ Alcohol and Drug (AOD) Committee – Maureen Bauman reported on behalf of Sharon Stanners
 - A written report was prepared by Amy Ellis and was distributed to members. The document provided an update on county services, providers and prevention for members review. Any questions can be reviewed at the next meeting.
- ❖ Quality Improvement – Theresa Thickens
 - The test call Monkey Survey is in process of being placed on the website, so it can be accessed anytime a test call is made. Marie Osborn will email instructions and passwords to board members once the survey is available on the website (which should be by end of week – Oct. 30th). Test call surveys prompts will be sent automatically through the Survey Monkey program to board members.
 - Ms. Thickens noted the committee reviewed much information and provided a highlight that includes discussion on the FY 2014-15 Annual Report and the Educationally Related Mental Health Services project.
 - Data visibility and clarity - one of the goals is to evaluate visibility and education about outcome data to make its meaning clearer for those members reviewing the information; Janet O'Meara and Jeff Cowen will work together to address this QI goal.
 - Marie Osborne is working on bringing forward the ASOC Annual Report that provides an overview of the types of data the Board might want to review. The report contains 2014-15 data and is expected to be completed this week.
 - Triennial Audit November 2 – 5, 2015, reviewing charts for both adult and children. Specifically looking at children in group homes and looking at crisis residential treatment facility for adults (Sierra and Placer counties).
- ❖ Children's Committee – Will Dickinson
 - Met with Twylla Abrahamson and Candyce Skinner to discuss Katie A (lawsuit against the county and state for lack of service provision as a dependent for mental health issues) compliance. The lawsuit resulted in a "Pathways to Mental Health Services" - how Children's Protective Services (CPS) and mental health systems and service providers work together to address the mental health needs of children/youth and families in the child welfare system. Recent changes affecting Placer is that 100% of CPS cases receive screening for mental health issues. Will Dickinson shared a copy of the CSOC dependency mental health screening tool, for children 0-5 and 5-adult, to interested board members.
- ❖ Adult Services Committee – Janet O'Meara
 - Janet O'Meara distributed a copy of highlights from the ASC 10/21/15 meeting for board member reference.
 - Reviewed the committee's section for the FY 2014-15 Annual Report.
 - Concerns are regarding treatment protocol for those with schizophrenia as delivered by community FSP provider. Issue is with quality of treatment plans and qualifications of providers, as well as timely delivery of contracted obligations.
 - Data – working with the QI committee to see what data is available and compare with what the committee would like to see. Planning to meet with QI staff to better understand what data is addressing.

- Maureen Bauman reported that Nancy Callahan is accessing the AVATAR system; she will be able to look at individual level data (outcomes) to see what happens over time.
- Michael Lane joined the committee as the consumer liaison from NorCal Mental Health America.
- Discussed the committee's goal of addressing family involvement.
- Meeting with consumer families and allowing them to bring their concerns. It gives them hope that they are being heard.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Not in attendance.

Correspondence and Announcements

- ❖ Theresa Thickers, reported on the receipt of the following:
 - Working with the Coalition for Placer Youth (CPY), Coalition for Auburn and Lincoln Youth (CALY), as well as Western Placer Unified School District staff in preparation of putting on family forums. Two forums coming up with participation from this Board with an informational table. Theresa Thickers will provide an overview of best practices in teen-parent communication and lead an interactive session for teens and parents to practice skills:
 - Teen Stress: Identification, Prevention, and Solutions:
 - November 12, 2015, 5:30 – 8:00 pm at Glen Edwards Middle School in Lincoln (Spanish version).
 - November 19, 2015 6:30 – 8:00 pm in Rocklin (English version).
 - Passport to Student Wellness, Placer County Office of Education and Each Mind Matters is sponsoring an educator's event for resources and the Board will also participate with an informational table.
 - Janet O'Meara received a thank you card from NorCal Mental Health America for the Board's participation in the Recovery Happens event.

Director's Report

- ❖ Maureen Bauman reported on the following:
 - Mobile Crisis Team (MCT) started out slow but is getting increased referrals from law enforcements. The second in command at the Roseville Police Department is encouraging his officers to take advantage of the program.
 - The BOS approved funding Right Hand Auburn to continue services for the temporary homeless shelter and extend operations 24/7 through March for a 24/7 facility.
 - SAMHSA grant for integrated health and behavioral health continues to develop (moving behavioral health to primary care). Acceptance of the award goes to the BOS November 17th.
 - Innovation Plan - the Campaign for Community Wellness (CCW) agreed homeless is the priority in terms of focusing on a population that falls between the cracks. CCW approved this concept of a "whatever it takes" treatment model. Plan to work with people with mental illness (FSP covers those with *serious* mental illness) who are homeless, addressing another part of the population, many of whom have substance abuse and mental illness. The model includes outreach and engagement, case management, treatment and housing. The concept will be included in the MHSA annual plan update that is in development. This will be brought back to the MHADB in January. The MHADB will be required to hold a public hearing to solicit comments on the plan.
 - Jeff Cowen feels there's a need for clarity around the message of "whatever it takes" to clarify that there are reasons people are homeless and still out on the streets and the "whatever it takes" model may not address some of these reasons.

Unfinished Business

- ❖ Recruitment/Visibility (*Standing Agenda Item*)
 - David Bartley's application for the MHADB is slated for the November 17, 2015 BOS agenda for final approval.
- ❖ California Association of Local Behavioral Health Boards and Commissions (CALBHBC) Update
 - Based on Janet O'Meara's recommendation, the board voted to join CALBHBC for FY 15-16. The CALBHBC mission to help those on individual mental health boards by providing technical assistance and training.
 - Janet O'Meara is serving as the Board's liaison with CALBHBC and is now working with this group on the Central Regional Committee. She has attended the last three quarterly meetings and reported the association is working on strengthening its structure. There is still work to be done such as updating the website.
 - Theresa Thickers requested to see more information on the association including the number of members, geographical regions, and committee organization. She requested the Annual Report FY 14-15 and Bylaws be sent to Board members.

❖ Business Card Update

- In order to make the electronic address path shorter on the card, the location of “Boards and Commissions” had to be moved.
- Placer County web team is currently working on the address issue and should know something by the end of the week – October 30, 2015.
- We will also be using the new Placer County logo, which includes specific terms of use.

New Business

❖ Schedule January 25, 2016 Committee Reports on Progress Goals

- Each committee will update the board on their committee goals for the year and give a mid-year update on what has been accomplished thus far.
- Theresa Thickens will send out an email to get thoughts from committee chairs to what they would like to present.
- Will suggested submitting in advance written comments consistent with annual report format and allow 10 minutes for each committee (presentation and discussion)
- Set up agenda with that amount of time so we can finish on time.

❖ Contracts [Action Item]

- Maureen Bauman provided an overview of the below contracts. Contracts are available for review upon request.
 - ☐ Sadoutounnissa Meer, M.D. to Provide After-Hours Psychiatric Services
 - ☐ Revenue Agreement with the California Department of State Hospitals, Conditional Release Program (CONREP)

Janet O'Meara made a motion to approve the above contracts, Yvonne Bond seconded. Motion approved.

Board Member Comments

- ✧ Yvonne Bond reported out on Turning Point and some of the actions they have taken in response to board member and family feedback. Turning Point is beginning a new evidenced based program called “MyHealios” designed for family members of persons with serious mental illness. There is capacity for 10 families to take part in the 6 sessions online. The program is web-based. Turning Point also started groups for consumer nutrition, recovery, and anger management.
- ✧ Will Dickinson and Janet O'Meara visited Taylor House (501 program) for transition age young women located in Roseville.
- ✧ Will Dickinson added it was a boot strap program challenged with funding issues. They reported the house has ADA compliance issues so as a result they are unable to apply to certain funding sources.

Public Input

- ✧ Daniel Coram asked if there were any programs available to assist programs with ADA compliance.
- ✧ Marie Osborne reported on updates related to test call information in Survey Monkey. New regulations require additional information to be added to the test call. She is hoping to post the updated survey on the website. She will then send out a link and also send out monthly reminders to do your calls. In addition you will receive an email with the new requirements.

Adjournment

- The meeting was adjourned at 8:20 p.m.
- Monday, November 2, 2015 at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, November 16, 2015 at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board